

**20th EDITION OF NATIONAL GAMES & SPORTS
HEALTH TRAINING INSTITUTIONS IN UGANDA 2022**

FORT PORTAL COLLEGE OF HEALTH SCIENCES



**CHAMPIONSHIP
REPORT**

Introduction

The 20th National Health Training Institutions games and sports championship was held in Fort Portal tourism city, hosted by Fort Portal College of Health Sciences.

These games help students in the attainment of the ultimate aim of education i.e. the achievement of holistic development. Games and Sports play a vital role in the student's life. A student should study hard to be successful in competitive examinations. But, he/she should also play games and sports to enjoy the health and vigour of life. Along with bookish learning, a student should spend his time on games and sports also. Either study or work alone makes us exhaust. We remain no longer efficient to do any work. Sports remove our mental exhaustion. Education without sports is incomplete.

The Associations of Principals of Health Training Institutions in Uganda (**APHTIU**), strives to excel at all levels with the help of National Organizing Committee have continuously organized sports events every year since 1998.

This championship enable the students and staff to have fun, learn new sports, enhance social interaction and tests one's physical capability. These competition also offer a break from the daily routine tasks and recreate or re-energetic them.

Objectives of Games and Sports

- a. To provide opportunities for the students to develop and enhance their talents through co-curricular activities in a world class manner.
- b. To showcase our sponsors and partners through the opportunities presented by games and sports tournament/competitions.
- c. To contribute to physical fitness and lifestyle through promotion of games and sports, and recreation.

Acknowledgement

The annual national championship is the product of collaboration between multiple Institutions and groups. National organizing Committee wishes to acknowledge the following people for their dedication to making the tournament a success:

1. The host principal, Fort portal college of health sciences, Mr. Kizito Samuel for hosting over 3,118 participants from 59 schools from around the country.
2. The administration and management of St. Leo's College Kyegobe and Kyebambe girls SS for their hospitality in accommodating all participants during the championship.

3. The Permanent Secretary, Ministry of Education and Sports for attending the Opening Ceremony and encouraging the participants in their commitment to sports.
4. State Minister from ministry of education and sports Hon. Peter Ogwang, for representing the Ministry of education and Sports during the Closing Ceremony.
5. Association of Principals in Health Training Institutions (APHTIU) executive, and all principals in health Institutions in Uganda, for sponsoring the championship.
6. Department of Physical Education and Sports, Ms. Dembe Hajara and her team for supporting these games.
7. Technical committee, headed by Mr. Balenzi Fred and his team from Physical Education and Sports (PES) and all officiating officials.
8. Red Cross Society of fort portal for giving our participants first aid.
9. The local organizing team headed by Chairperson Mr. Akugizibwe Herbert for all the planning for the championship.
10. Directors and staff members from all private Institutions in Uganda for supporting your teams to participate in the tournament.
11. Sports tutors who worked tirelessly in registering, preparing teams to participate in the championship.
12. National Organizing Committee members headed by Chairperson Mr. Akugizibwe Herbert, for planning and organizing the championship.
13. All students who participated in the championship.
14. All Regional committees for organizing successful regional tournaments.

Statistical data

Number of Institutions	59
Males	1,699
Females	1,422
Total	3,118

Officiating Officials

Males	50
Females	15
Total	65

Team managers/drivers/team doctors/ coaches

Males	200
Females	95
Total	295

Preparation for the tournament

Preparation for the tournament commenced as early as May 2022. National Organizing Committee had series of meetings with all stakeholders including Sports tutors, ministry officials and APHTIU executive.

List of games and sports

1. Mind games

- i. Chess boys and girls
- ii. Scrabble boys and girls
- iii. Omweso boys and girls
- iv. Draught boys and girls

2. Athletics all activities

3. Handball boys and girls

4. Volleyball boys and girls

5. Football boys and girls

6. Wood ball boys and girls

Pre – Championship Training

The pre - championship training was organized at Uganda Health Institute Management – Mulago, over 82 participants attended and it was facilitated by trainers from across different federations. The training was to build capacity of sports tutors to be able to manage these games. The participants felt that the training activities were truly entertaining and educative.

Statistical data

Institutions participated	68
Males	52
Females	30
Total	82 participants

Regional tournaments

All the 14 regions across the country organized their regional tournament; however the regional committee had a challenge of bringing private institutions on board to participate in these games and funding for the tournament was a challenge.

List of regions

1. Ankole Region
2. Greater Masaka Region
3. Mukono Region
4. Busoga Region
5. South Western Region
6. Acholi Region
7. Eastern Region
8. West Nile Region
9. Kampala Region
10. Bunyoro Region
11. Rwenzori Region
12. Lango Region
13. Wakiso Region
14. North Eastern Region

Officiating of games

There were few formal complaints raised about officiation during the tournament. One concerned alleged allowing of a goal by a referee of hand ball that was not scored on a justification that it had hit a goal post and entered in the last minute of the game. The other concerned a referee's failure to call for fouls in instances of dangerous play.

There were however several verbal complaints on officiation from coaches across the touch lines. While this is expected in football, some coaches however went to the extreme by verbally exchanging with referees in an aggressive manner in the field when calls were made against them. And in a few instances, the referees also retorted back either during matches or after the final whistles.

Fields of play

The tournament was hosted at St. Leo's Kyegobe grounds, St Peter ground, Seminary ground, Canon appolo ground, Bukwali ground and buhinga ground. The proximity of the fields to each other was ideal for management of all field logistics during the tournament. However, it involved transporting students. It also rained everyday throughout the tournament which delayed some activities.

Meals for Officials

Breakfast, Lunch and super were provided to five team officials from every Institution that participated in the championship. There was a complaint of delay in serving the meals. All participants interviewed felt that meals provisions were excellent.

Meals and accommodation for Students

Students were provided with breakfast, lunch and super, however the quality of food provided to students was not good for the first three days, this was because most schools were just reporting and chefs did not have exact number of students to prepare meals for.

Tournament Rules

All tournament rules were formally written and given out to teams together with the tournament program. The tournament was thus conducted under these rules.

Awards

The best participants received medals in athletics, mind games, Woodball and the best teams in ball games received trophies

Major Achievements

- a. The introduction of online registration eased the work of screening participants on arrival to the championship, this was done successfully.
- b. The tournament organizers did not register any indiscipline case among the students.
- c. Regional team qualification made the tournament more competitive compared to the previous championships.
- d. The number of petitions reduced with the new verification system.
- e. The new verification system reduced non – bonifide students from participating in the championship.
- f. The accommodation facilities for both girls and boys were enough for all the participants.
- g. The championship was graced by State Minister of Education & Sports Hon. Ogwang.
- h. The committee created a whatsapp platform for all sports tutors all over the country; this helped to close the communication gap.
- i. All the fourteen regions successfully conducted regional tournament.

Challenges

- a. The quality of food provided for students was poor. There is a need to improve the quality of food.
- b. It rained throughout the tournament, which made roads impassable in transporting the teams to field of play.
- c. There was a problem with the fixture of football and a huge number of matches on the third day were a challenge to most teams.
- d. There was a change of dates from the original closing date which made officials fix so many matches to match the closing date.
- e. Verbal disagreements and exchanges between coaches and referees during matches was also a challenge in a few matches.
- f. Current economic crisis in the country affected so many private institutions from participating in both the regional and national championship.
- g. The APHTIU executive overrides the role of the National Organizing Committee during the championship.
- h. Team managers did not take time to read the tournament rules. This was seen during the championship.
- i. Teams did not manage time properly; some missed their matches and walked over.
- j. Some officiating officials favour some teams when officiating these matches.
- k. Coaches are not professionally trained they end up fighting the referees.
- l. Institutions have players who have played in the tournament for over five years.

- m. Sports tutors tend to ignore technical review meetings and that's where the committee gets feedback and communicates to the team managers.
- n. Schools don't declare the actual number of students in the accounts department which affect in preparation of meals.
- o. Regional coordinators did not submit their regional tournament report in time.
- p. There is increased form of forgery on the participation cards this is unethical, evil, and is an outright form of corruption.
- q. Some schools did not register their teams online and they brought their students to participate in the championship.
- r. Transporting officials became a big challenge to the committee during the championship.

Recommendations

- i. There is a need to set years a player is supposed to participate in the tournament.
- ii. There is a need to strengthen capacity building of sports tutors in managing these games through trainings.
- iii. There is a need to purchase a van for the committee to ease transportation of officials during the championship.
- iv. The APHTIU should supervise the work of the national committee but not interfering with their work during the championship.
- v. The teams in first, second, and third place should be awarded with medals.
- vi. The committee should work together with APHTIU to find potential partners who can sponsor the championship.
- vii. Institutions that refuse to participate in both regional and national championship should be strongly punished.
- viii. Teams that have been banned from championship should receive a formal written letter stating the years of ban.
- ix. There is a need to introduce games that cater for disabled students so that they are not left out.
- x. The committee needs to purchase movable small public address system to help in communication during technical review meetings.
- xi. The term for National organizing committee expired and need arrangement to elect a new committee.

List of Institutions attended

S/N	INSTITUTIONS	MALE	FEMALE	TOTAL
1	DR. ALELE FOUNDATION SCHOOL OF NURSING AND MIDWIFERY		2	2
2	RWENZORI SCHOOL OF NURSING AND MIDWIFERY		1	1
3	KABALE SCHOOL OF NURSING	35	29	64
4	BWERA SCHOOL OF NURSING AND MIDWIFERY	5	15	20
5	KISIIZI SCHOOL OF NURSING	4	2	6
6	LYANTONDE SCHOOL OF NURSING AND MIDWIFERY	8	7	15
7	NTUNGAMO HEALTH TRAINING INSTITUTION	16	18	34
8	LUBAGA HOSPITAL TRAINING SCHOOL	29	19	48
9	MBALE SCHOOL OF NURSING AND MIDWIFERY	47	33	80
10	UIAHMS MULAGO	93	67	160
11	ST. VILLA MARIA SCHOOL OF NURSING AND MID WIFERY	30	22	52
12	FLORENCE NIGHTINGALE	14	10	24
13	SALEM SCHOOL OF NURSING AND MIDWIFERY		48	48
14	LUWERO PARAMEDICAL	23	8	31
15	ST. FRANCIS SCHOOL OF HEALTH SCIENCES	30	8	38
16	ISHAKA ADVENTIST HEALTH TRAINING SCHOOL	38	7	45
17	KUMI SCHOOL OF NURSING AND MIDWIFERY	24	2	26
18	KIBULI MUSLIM HOSPITAL HEALTH	5	23	28
19	KAGANDO SCHOOL OF NURSING AND MIDWIFERY	53	43	96
20	SOROTI SCHOOL OF COMPREHENSIVE NURSING	36	24	60
21	ST. JOSEPHS KAMULI		56	56
22	ST. JOSEPHS KITOVU	11	12	23
23	KYETUME SCHOOL OF NURSING AND MIDWIFERY	29	20	49
24	IBANDA SCHOOL OF NURSING AND MIDWIFERY		15	15
25	GULU COLLEGE OF HEALTH SCIENCES	70	38	108
26	KAGANDO SCHOOL OF MEDICAL LAB	30		30
27	MBALE COLLEGE OF HEALTH SCIENCES	71	32	103
28	KAROLI LWANGA INSTITUTE OF HEALTH SCIENCES	11	23	34
29	JINJA SCHOOL OF NURSING AND MIDWIFERY	84	67	151
30	MASAKA SCHOOL OF COMPREHENSIVE NURSING	36	22	58
31	HOIMA SCHOOL OF NURSING AND MIDWIFERY	65	55	120
32	BUTABIKA PCO	22	8	30
33	IUIU MBALE	26	19	45
34	KAMPALA SCHOOL OF HEALTH SCIENCES	31	4	35
35	MASAKA SCHOOL OF NURSING AND HEALTH SCIENCES	11	2	13
36	KING JAMES SCHOOL OF NURSING AND MIDWIFERY	22		22
37	UGANDA CHRISTIAN INSTITUTE OF NURSING AND MIDWIFERY	22	42	64
38	MBALE SCHOOL OF HYGIENE	71	33	104
39	MULAGO SCHOOL OF NURSING AND MIDWIFERY	20	30	50
40	ST. MARYS HOSPITAL LACOR HEALTH TRAINING INSTITUTE	29	29	58
41	BUTABIKA SCHOOL OF PSYCHATRIC NURSING	18	16	34
42	MEDICARE HEALTH PROFFESIONAL COLLEGE	25	2	27
43	UGANDA NURSING SCHOOL- BWINDI	44	32	76
44	KAABONG COLLEGE OF NURSING AND MIDWIFERY	39	36	75
45	OPHTHALMIC SCHOOL OF CLINICAL OFFICERS	5	8	13
46	KULUVA SCHOOL OF NURSING	38	44	82
47	JINJA MEDICAL LAB	59	19	78
48	MUTOLERE SCHOOL OF NURSING	18	16	34
49	FINS MEDICAL UNIVERSITY	38	49	87
50	PUBLIC HEALTH NURSING INSTITUTE	11	4	15
51	ARUA SCHOOL OF NURSING	40	33	73
52	NGORA HOSPITAL		50	50
53	KAMPALA UNIVERSITY	20	40	60
54	VIRIKA SCHOOL OF NURSING	17	36	53
55	RUGARAMA SCHOOL OF NURSING	17	23	40

56	MILD MAY	15	15	30
57	KABALE INSTITUTE OF HEALTH SCIENCES	16	9	25
58	FORT PORTAL COHES	125	73	198
59	AGULE NURSING SCHOOL		22	22
	TOTAL	1,696	1,422	3,118



Key highlights of the tournament in pictures



Conclusion

In conclusion, the 20th edition of national championship was a big improvement compared to the 19th edition. Most of the challenges encountered last edition was also overcome this season. Teams were more competitive, referees were better prepared for the tournament and their performance during the same was an improvement. The tournament was well organized.

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